Get Set 4 P.E – Physical Ideas

Choose an activity by double clicking on one of the file links below.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| BALLOON CHALLENGE | CLOCK FACE | DANCE EXPRESS | JUGGLING | JUST DANCE |
| OBSTACLE COURSE | TARGET PRACTISE | THE 100 GAME | THROUGH THE GAP | WORD ASSOCIATION |
| ADD IT ON | FIND THREE THINGS THAT ARE... | GET DANCING! | HAMSTER WHEEL | HIDE AND SEEK |
| NEWSPAPER DANCE | SARDINES | BALLOON VOLLEYBALL | BOTTLE SKITTLES | HIT IT TO WIN IT |
| KICK ROUNDERS | MOUSETRAP | PLANE IN FLIGHT | RALLY | ROLLER BALL |
| SOCK BOULE | SOCKS IN POTS | SPELL IT OUT | SQUAT AND SHOOT | 10-1 WORKOUT |