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	Date	Food	Allergens													
			Celery	Cereals (containing Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
		Jacket potato with baked beans and mixed salad														
		Cream cheese and cucumber bagel with salad sticks		✓					✓							
		Banana and custard							✓							
		Yoghurt							✓							
		Fruit														
	Friday 8 th September	Fish and chips with mushy peas, bread and butter		✓			x									
		Cheese and onion slice with chips mixed salad		✓					✓		x					
		Jacket potato with a ham salad														
		Cheese sandwich with salad sticks		✓					✓							
		Chocolate crispie cake							✓							
		Yoghurt							✓							
		Fruit														
	Week 2 – (11 th – 15 th September)	Monday 11 th September	Bacon with beans egg and hash brown				✓									
Quorn sausage with beans hash brown and egg				✓		✓										
Jacket potato with ham and mixed salad																
Egg and cress roll with salad sticks				✓		✓			✓							
Chocolate surprise cake				✓		✓			✓							

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		Jacket potato with beans and salad														
		Tuna and cucumber pasta with salad and veg sticks		✓		✓	✓				✓					
		Peach and raspberry cobbler with custard		✓					✓							
		yoghurt							✓							
		fruit														
	Tuesday 19 th September	Ham and cheese pasta bake mixed five bean salad		✓					✓							
		Quorn paella with seasonal vegetables				✓										
		Jacket potato with cheese and mixed salad							✓							
		Cream cheese and cucumber bagel with salad sticks		✓					✓							
		Fruit salad and ice cream							✓							
		Yoghurt							✓							
		Fruit														
	Wednesday 20 th September	Hot roast chicken baguette with onion rings and peas		✓												
		Quorn mince shepherd's pie with seasonal veg and gravy				✓										
		Jacket potato with tuna or cheese and mixed salad				✓	✓		✓		✓					

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		Jacket potato with baked beans and mixed salad														
		Ham salad sandwich with salad sticks		✓												
		Fruit jelly and ice cream						✓								
		Yoghurt						✓								
		Fruit														
Week 6 – (9 th – 13 th October)	Monday 9 th October	Sausage and mash with baked beans		✓					✓						✓	
		Quorn sausage and mash with baked beans		✓												
		Jacket potato with beans and salad														
		Tuna and cucumber pasta with salad and veg sticks		✓		✓	✓				✓					
		Peach and raspberry cobbler custard		✓					✓							
		yoghurt							✓							
		fruit														
	Tuesday 10 th October	Ham and cheese pasta bake with mixed five bean salad		✓					✓							
		Quorn paella with seasonal veg				✓										
		Jacket potato with cheese and mixed salad							✓							
		Cream cheese and cucumber bagel with salad sticks		✓					✓							

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	Friday 13 th October	Ham pizza wedges and coleslaw		✓		x			x		x					
		Cheese pizza wedges with coleslaw		✓		x			✓		x					
		Jacket potato with egg and mixed salad				✓										
		Bacon lettuce and tomato sandwich with salad sticks		✓												
		Cheese and crackers with grapes		✓					✓							
		Yoghurt							✓							
		Fruit														
Week 6 – (16 th – 20 th October)	Monday 16 th October	Mince beef tacos with savoury rice and seasonal veg		X												
		Quorn hotpot with seasonal veg				✓										
		Jacket potato with cheese or tuna and mixed salad				✓	✓		✓		✓					
		Tuna and cucumber salad with veg sticks		✓		✓	✓				✓					
		Shortbread biscuit and fruit		✓					x							
		Yoghurt							✓							
		fruit														
	Tuesday 17 th October	Chicken and mash with seasonal veg and gravy														
		Quorn pie in a mushroom sauce with pasta and seasonal veg		✓		✓			✓							

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		Jacket potato with cheese and mixed salad							✓							
		Chicken and sweetcorn roll with salad sticks		✓		✓					✓					
		Fruit sponge and custard		✓		✓			✓							
		Yoghurt							✓							
		Fruit														
	Wednesday 18 th October	Gammon with new potatoes and peas														
		Sweet potato and chickpea curry with rice and seasonal veg														
		Jacket potato with cheese							✓							
		Ham salad roll with salad sticks		✓												
		Peaches and ice cream							✓							
		Yoghurt							✓							
		Fruit														
	Thursday 19 th October	Mild Quorn chilli with rice and five bean salad		✓		✓										
		Quorn tacos with rice and five bean salad		x												
		Jacket baked with beans and mixed salad														
		Cream cheese and cucumber bagel with salad sticks		✓					✓							
		Banana and custard							✓							
		Yoghurt							✓							

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